



I am Sydney Schmidt. I am from and currently live in Saranac Lake with my boyfriend, Zach and our two dogs, Honey and Zoe! You can find me most of the time working on a freelance graphic design project for a local business. I also enjoy traveling to new places with Zach, cuddling on the couch with Honey or Zoe, and watching movies.

Cancer has impacted many of my loved ones in my family. For two years, I worked for a non-profit organization that helped to support women diagnosed with cancer. As the graphic designer for the organization, I heard so many women's experiences with cancer. All of them really touched me. Every woman's experience was unique, yet they shared a connection with each other and supported one another. When I was asked to join the Creative Healing Connections' (CHC) Board, my answer was an immediate yes! CHC mission and vision aligns perfectly with women living with cancer's need for healing and support. Supporting women living in the Adirondacks makes it more personal. While we have many military veterans in my family, none are women. Supporting women veterans is one way I can give back to those who have helped defend our country, who have kept us safe.

Being creative has always been at the heart of who I am as a person. Ever since I was young, I was always asking for something craft or art supplies for Christmas or my birthday. Creating always makes me feel excited. As a graphic designer, making something for someone else to enjoy and share with others always makes me feel proud.

